

Troop 86 Hiking/Backpacking/Camping 10+ E-ssentials

These items are Required for every Scout Trip and should be kept together at all times. Keep them together in a Camelbak or a small backpack. You can leave your pack in our Scout Closet so it's always ready to go and doesn't get lost.

- Pocketknife
 - Personal First Aid Kit (Small sized, light weight)
 - Extra Clothing (Weather appropriate)
 - Lightweight Rain Gear/plastic poncho (\$1-\$2 type, weighs about two ounces)
 - Hard Plastic Water Bottle – Approximately Quart or Liter size (Naglene type)
 - Small, Lightweight Flashlight (Two Double AA size) w/extra batteries
 - Waterproof Match Holder with Strike Anywhere Matches
 - Sun Protection – Baseball style cap, Sunglasses & Sunscreen (small sized container)
 - Compass & Map of Travel Area
 - Signaling Device – Whistle and/or Mirror
 - Length of Light Weight Cord (50 Feet)
 - Insect Repellent (Small sized container, Non-Aerosol)
 - Trail Food/Snacks
- Camelbak type Hydration Back Pack. These are similar to the book bags or small backpacks that most kids use to carry their books to school. But they also have a built in water container (70-100 ounces) with a tube which allows you to drink while hiking, without having to stop and take your pack off to get at your water bottle. Hands free and useful while hiking or climbing.

Most of these items are available at Walmart in the Camping section, Sams Club, Sporting Goods Stores, Sav-ons, Thrifty, etc. Remember to think lightweight as often as possible, as these are the items you'll be carrying in your pack during hikes.