

Troop 86 Basic First Aid Kit

The following list is only a suggestion of some of the supplies you should consider for your first aid kit. You should personalize your kit to meet your needs, activities and situations. For example, your first aid kit for a backpacking trip might vary significantly with the first aid kit you take on car camping trips. Pack your kit to meet the needs of the activity and situation.

- Personal Medications
- Bandage assortment
- Ace bandages
- Adhesive tape
- Antiseptic wipes
- Sterile gauze pads
- Cotton swabs
- Tweezers
- Safety pins
- Scissors
- Sting kit
- Stingeze
- Sinus medications
- Insect repellent
- Sunscreen
- Sunburn lotion
- Notepad/pen
- Eyedrops
- Antibiotic cream
- Anti-itch cream
- Pain Relievers
- Heat/cold packs
- Mole skin
- Soap
- Thermometer
- Latex gloves
- First aid manual